

SELF-ACTUALIZATION COUNSELING,
HEALING RETREATS, KEYNOTES, BOOKS AND TAPES
with Carolyn M. Ball, MA, LPC, counselor, author, speaker

1. After making an appointment, print and complete this form
2. Read and sign the "Counseling Information" at the end of the form
3. Send it with your payment of:
 \$140 for a one hour session, or
 \$2000 for the Individualized Healing Retreat

to:
Carolyn M. Ball, MA, LPC Counseling
890 Briarwood Drive
Myrtle Beach, SC 29572

For what concerns would like counseling support? _____

How long have these issues been affecting you? _____

What else would you like me to know? _____

How committed are you to making the changes you want in your life? _____

What do you think it will take? _____

What situations from your childhood or adulthood may be affecting your current situation?

What issues are your main focus at this time?

- | | | |
|--|--|---------------------------------------|
| <input type="radio"/> Self-esteem | <input type="radio"/> Anger | <input type="radio"/> Finances |
| <input type="radio"/> Life purpose | <input type="radio"/> Work issues | <input type="radio"/> Anxiety |
| <input type="radio"/> Marriage/Relationship Issues | <input type="radio"/> Stress | <input type="radio"/> Sexual abuse |
| <input type="radio"/> Women's issues | <input type="radio"/> Depression | <input type="radio"/> Physical abuse |
| <input type="radio"/> Men's issues | <input type="radio"/> Alcohol/Drug use | <input type="radio"/> Other (explain) |
| | (prescription or non-prescription) | |

Please fill out form completely and clearly. If for two people, put a slash between each one's information. (John Jones/Jane Jones)

Name _____

Address _____

City _____ State _____ Zip _____

Phone: home _____ work _____ cell _____

Email _____

COUNSELING INFORMATION (Please read and sign below)

While working with me, you can expect to receive kind and compassionate support, as well as insightful and effective advice based on 22 years of counseling experience, and training in many modalities. For information on the counseling process and the modalities I use, see About Carolyn Ball link above.

YOUR COMMITMENT TO THE COUNSELING PROCESS

The success of your counseling experience will depend, in part, on the energy you put into it. The more you are prepared to commit to your own growth, the more quickly you will see results. My approach to counseling is generally not that of reliance on medication for symptoms, but rather making the real internal changes that will have substantial and long-lasting effects on the mental and emotional components of your. Counseling is not intended as a substitute for addressing genuine medical needs; for those you should consult with a physician. If you have an emergency, call for help by dialing 911.

CONFIDENTIALITY

I regard the information you share with me with the greatest respect, so want us to be as clear as possible about how it will be handled. Generally, I will tell no one what you tell me. The privacy and confidentiality of our conversations, and my records, is a privilege of yours, and is protected by state law and by my profession's ethical principles. There are two circumstances in which I cannot guarantee confidentiality, legally and/or ethically: (1) when I believe you intend to harm yourself or another person; and, (2) when I believe a child or elder person has been or will be abused or neglected. Except for these unlikely situations, I will not tell anyone anything about your treatment, diagnosis, history, or even that you are a client without your full knowledge and consent.

EXPLANATION OF DUAL RELATIONSHIPS

Although our sessions may be very intimate psychologically, it is important for you to realize that we have a professional relationship rather than a social one. Our contact will be limited to sessions you will arrange with me. Please do not invite me to social gatherings or ask me to relate to you in any way other than in the professional context of our counseling sessions as long as we are in a counseling relationship. While social relationships are two-way, in counseling the focus should be on you. You will be best served while I am seeing you for counseling and therapy if our relationship stays strictly professional and if our sessions concentrate exclusively on your concerns. You will learn a great deal about me as we work together during your counseling experience, however, it is important for you to remember that you are experiencing me in my professional role.

LIMITS OF RESPONSIBILITY—legal disclaimer

You are responsible for your choices in the counseling process. While my dedication, professional experience, and the ethical commitment of my license mean that I will give you the best possible care, the following disclaimer requires your agreement: All use of the services of Carolyn Ball, or any products provided by her, are entirely at the user's own risk. Carolyn Ball is not responsible for and will not be liable to your or anyone else for any action or decision taken in reliance upon the information and recommendations provided by me in counseling. Your decision to accept counseling with Carolyn Ball is without any warranties, express or implied. Under no circumstances, including, without limitation, liability arising out of contract, negligence, strict liability, tort, patent, or copyright infringement, shall Carolyn Ball be liable for any direct, indirect, incidental, consequential, special, exemplary, punitive, or any other monetary or other damages, fee, fines, penalties, or liabilities arising out of or relating in any way to this service, and/or content provided therein, even if Carolyn Ball has been advised of the possibility of such damages. You agree that your exclusive and sole remedy is to stop using her services. In the event that you are in a jurisdiction that does not allow the exclusion of implied warranties or that does not allow the limitation or exclusion of liability, the total liability of Carolyn Ball, if any, will be limited to the amount paid to her during your counseling. Carolyn Ball will not be liable under any theory of indemnity.

I have read and understand the above statements.

Signature

Date
